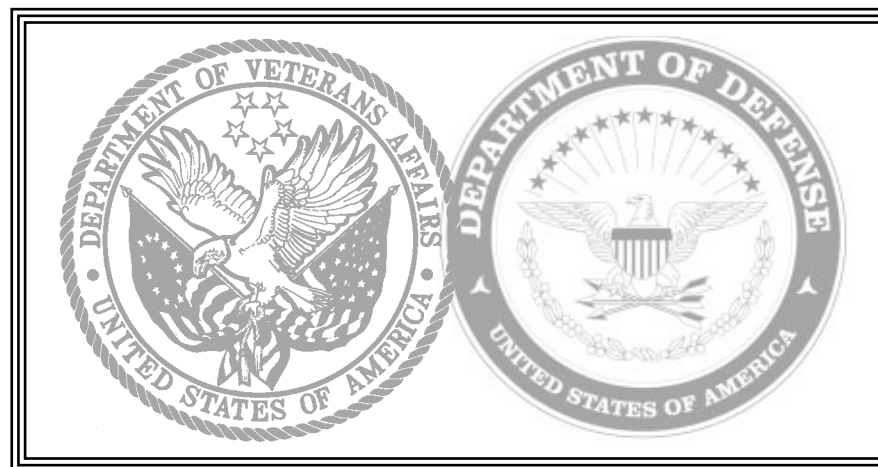


VA/DoD Clinical Practice Guideline for the Management of Stroke Rehabilitation

KEY POINTS

- The primary goal of rehabilitation is to **prevent complications, minimize impairments, and maximize function.**
- Secondary prevention is fundamental to **preventing stroke recurrence.**
- **Early** assessment and intervention is critical to optimize rehabilitation.
- **Standardized** evaluations and valid assessment tools are essential to the development of a comprehensive treatment plan.
- Evidence-based interventions should be based on **functional goals.**
- Every candidate for rehabilitation should have access to an **experienced and coordinated** rehabilitation team to ensure optimal outcome.
- **The patient and family and/or caregiver** are essential members of the rehabilitation team.
- **Patient and family education** improves informed decision-making, social adjustment, and maintenance of rehabilitation gains.
- The **rehabilitation** team should utilize **community resources for community reintegration.**
- **Ongoing** medical management of risk factors and co-morbidities is essential to ensure survival.



VA access to full guideline: <http://www.oqp.med.va.gov/cpg/cpg.htm>

DoD access to full guideline: <http://www.qmo.amedd.army.mil>

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